Students who attend the SNAP program may be invited to shop or cook with our creative staff.

We learn to use maths in context when we pay cashiers and estimate change.

We practise literacy when we read signs and labels and write lists.
Cooking encourages the use of maths skills such as measuring, adding and timing.

Fine Motor skills are used during cooking.

We practise literacy when we read recipes and write reflections.

Marie’s Muffin Recipe

Ingredients
- 2 1/2 cups self-raising flour
- 3/4 cup brown sugar
- 2 eggs, beaten
- 150 ml milk
- 150 ml yoghurt
- 126 g melted butter

Sift flour and sugar into a bowl.
Mix eggs, milk, yoghurt and butter together.
Add milk mixture to flour and sugar, then stir.
Spoon mixture into a greased muffin tin.
Cook in 190°C oven for 25 minutes. Makes 12.
Macaroni Cheese

**Ingredients**
- 125g tasty cheese
- 1 teaspoon vegetable oil
- 250g macaroni
- 30g butter
- 3 teaspoons flour
- 2 cups milk
- Freshly ground black pepper
- Paprika

**Method**
1. Preheat oven to 200c
2. Grate cheese. Set aside
3. Three-quarters fill large saucepan with water. Boil over a high heat. Add oil and macaroni. Boil for 10 minutes or until cooked
4. To make sauce place butter in medium saucepan. Heat over medium heat until butter melts.
5. Remove from heat. Stir in flour, return to heat cook, stirring for 1 minute.
6. Whisk in milk, cook stirring for 4-5 minutes or until sauce boils and thickens. Remove pan from heat.
7. Add black pepper to taste. Stir in half the grated cheese. Set aside
10. Bake for 20-25 minutes or until top is golden.
Hamburgers

Ingredients for 3
1 tablespoon oil
3 bread rolls
1 large tomato
Lettuce
Beetroot
Tomato sauce

Hamburger patties
1 egg
200 g lean beef mince
1 tablespoon tomato sauce
Salt and pepper

Method
1. Place egg, mince, salt and pepper and tomato sauce in bowl
2. Mix, shape mince mixture into 3 patties
3. Place oil into frypan. Heat
4. Add patties, cook – turning 4-5 minutes
5. Cut rolls in half. Set aside
6. Cut tomato into slices
7. Shred lettuce
8. Assemble burgers – lettuce, tomato, beetroot, and mince Pattie. Add sauce
9. Eat and enjoy